



MČR POWERLIFTING 2009

11.4.2009 STARÉ KŘEČANY

ŽENY + TEEN + JUNIOR

ID	NAME	CTR	SEX	AGE CAT.	BODY WEIGT	BWEIGT CAT.	HR	SQUAT				HR	BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	RESHEL	RESHEL POINTS
								1	2	3	4		1	2	3	4		1	2	3	4			
1	NACHTIGALOVÁ H	CZE	F	OPEN	47,7 kg	48,0	16/O	50,0	55,0	60,0		2	35,0	45,0	47,5		102,5	95,0	100,0	102,5		205,0	2,347	481,135
2	ROVNÁ Monika	CZE	F	OPEN	59,8 kg	60,0	13/O	175,0	195,0	200,0		2	82,5	90,0	95,0		265,0	145,0	160,0	165,0		430,0	1,789	769,270
3	LEIBLOVÁ Libuše	CZE	F	M-45/49	74,6 kg	75,0	13/I	145,0	145,0	160,0		4	115,0	120,0	125,0		280,0	150,0	165,0	175,0		455,0	1,549	704,795
4	TÜRBOVÁ Kateřina	CZE	F	OPEN	66,9 kg	67,5	16/O	80,0	87,0	95,0		4	50,0	57,5	57,5		137,0	115,0	120,0	125,0		262,0	1,651	432,562
7	HLOUŠEK Václav	CZE	M	JUN	65,7 kg	67,5		180,0	200,0	207,5		3	80,0	100,0	102,5		302,5	170,0	190,0	202,5		505,0	1,279	645,895
12	BECHNÝ Jakub	CZE	M	T-16/17	85,7 kg	90,0		230,0	240,0	260,0		4	110,0	120,0	130,0		390,0	210,0	220,0	230,0		610,0	1,002	611,220
16	OŽINSKIJ Konstantin	UKR	M	JUN	88,0 kg	90,0		210,0	230,0	230,0		5	120,0	120,0	120,0		350,0	200,0	230,0	250,0		580,0	0,983	570,140
22	VACEK Pavel	CZE	M	T-16/17	98,2 kg	100,0		215,0	230,0	230,0		5	110,0	120,0	125,0		350,0	215,0	230,0	235,0		580,0	0,923	535,340
24	MARHOUL Vojtěch	CZE	M	T-18/19	102,7 kg	110,0		220,0	235,0	245,0		5	130,0	140,0	140,0		375,0	200,0	210,0	215,0		590,0	0,906	534,540
49	ŠLEIS Jan	CZE	M	JUN	132,0 kg	140,0		300,0	340,0	360,0		5	210,0	220,0	230,0		590,0	260,0	280,0	280,0		870,0	0,849	738,630
57	ŽÍTEK Ladislav	CZE	M	T-18/19	70,8 kg	75,0		150,0	150,0	165,0		4	95,0	120,0	130,0		295,0	160,0	170,0	180,0		475,0	1,182	561,450

RAW

ID	NAME	CTR	SEX	AGE CAT.	BODY WEIGT	BWEIGT CAT.	HR	SQUAT				HR	BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	RESHEL	RESHEL POINTS
								1	2	3	4		1	2	3	4		1	2	3	4			
42	ŠOS Luboš	CZE	M	OPEN	114,5 kg	125,0	19/I	210,0	230,0	250,0		5	190,0	200,0	210,0		460,0	270,0	290,0	300,0		760,0	0,873	663,480
55	ČÍŽEK Filip	CZE	M	T-13/15	111,3 kg	125,0	21/O	170,0	190,0	200,0		5	125,0	130,0	135,0		335,0	200,0	220,0	220,0		555,0	0,881	488,955
56	EICHLER Dominik	CZE	M	T-18/19	109,3 kg	110,0	22/I	100,0	115,0	130,0		6	80,0	90,0	95,0		210,0	130,0	150,0	170,0		380,0	0,887	337,060
62	JEŘÁBEK Vladimír	CZE	M	JUN	101,3 kg	110,0	22/O	205,0	205,0	215,0		5	130,0	135,0	140,0		355,0	235,0	250,0	265,0		605,0	0,91	550,550
63	FOLPRECHT Petr	CZE	M	JUN	96,7 kg	100,0	22/O	210,0	225,0	235,0		4	120,0	130,0	135,0		355,0	250,0	250,0	265,0		620,0	0,929	575,980
64	POPELKA Pavel	CZE	M	JUN	101,7 kg	110,0	22/O	170,0	185,0	195,0		5	115,0	125,0	125,0		310,0	210,0	225,0	240,0		550,0	0,909	499,950
65	KALENSKÝ Tomáš	CZE	M	T-16/17	73,1 kg	75,0	18/O	140,0	155,0	170,0		4	95,0	105,0	105,0		265,0	145,0	155,0	170,0		435,0	1,147	498,945
66	JÍŠA Jan	CZE	M	JUN	94,7 kg	100,0	20/O	185,0	195,0	200,0		6	115,0	122,5	122,5		310,0	175,0	190,0	205,0		515,0	0,939	483,585
67	KOSTLÁN Martin	CZE	M	JUN	88,9 kg	90,0	18/O	160,0	170,0	180,0		5	115,0	125,0	130,0		305,0	170,0	185,0	200,0		505,0	0,978	493,890
68	TICHÝ Michal	CZE	M	T-18/19	109,1 kg	110,0	22/O	180,0	180,0	200,0		5	110,0	115,0	120,0		295,0	210,0	220,0	240,0		535,0	0,887	474,545



MČR POWERLIFTING 2009

11.4.2009 STARÉ KŘEČANY

69	PEŠKA Josef	CZE	M	T-18/19	88,0 kg	90,0	17/O	175,0	190,0	200,0		4	120,0	125,0	130,0		315,0	190,0	200,0	210,0		525,0	0,983	516,075
70	VAISHAITL Václav	CZE	M	T-18/19	109,8 kg	110,0	18/I	170,0	180,0	195,0		4	120,0	127,5	130,0		325,0	170,0	185,0	200,0		525,0	0,885	464,625

MASTERS

ID	NAME	CTR	SEX	AGE CAT.	BODY WEIGHT	BWEIGT CAT.	HR	SQUAT				HR	BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	RESHEL	RESHEL POINTS
								1	2	3	4		1	2	3	4		1	2	3	4			
11	HOZA Stanislav	CZE	M	M-50/54	82,5 kg	82,5	12/O	260,0	290,0	300,0		4	160,0	170,0	175,0		475,0	220,0	235,0	240,0		710,0	1,029	730,590
18	VRBA Jan	CZE	M	M-40/44	89,9 kg	90,0	17/I	230,0	260,0	290,0	300,0	5	160,0	170,0			450,0	200,0	220,0	230,0		680,0	0,97	659,600
19	CHVÁTAL Petr	CZE	M	M-45/49	82,9 kg	90,0	20/I	160,0	175,0	185,0		4	120,0	127,5	127,5		312,5	190,0	205,0	215,0		527,5	1,026	541,215
20	SOJKA Pavel	CZE	M	M-60/64	87,5 kg	90,0	15/I	70,0	80,0			5	90,0	95,0	100,0		180,0	90,0	105,0	120,0		300,0	0,987	296,100
35	KUDI Viktor	CZE	M	M-40/44	104,8 kg	110,0	18/I	260,0	280,0	290,0		5	200,0	215,0	220,0		510,0	240,0	250,0	260,0		760,0	0,899	683,240
36	HURDÁLEK Libor	CZE	M	M-50/54	96,8 kg	100,0	18/O	230,0	250,0	265,0		4	130,0	130,0	140,0		395,0	200,0	220,0	230,0		615,0	0,928	570,720
48	VIMR Václav	CZE	M	M-45/49	110,5 kg	125,0	19/O	140,0	160,0	170,0		5	150,0	170,0			340,0	140,0	170,0			510,0	0,883	450,330
52	SÝKORA Miroslav	CZE	M	M-50/54	118,0 kg	125,0	22/I	120,0	140,0	160,0		5	170,0	180,0	180,0		340,0	110,0	130,0	150,0		490,0	0,867	424,830
59	TRNKA Zdeněk	CZE	M	M-45/49	127,4 kg	140,0	19/O	220,0	232,5	245,0		5	130,0	137,5			382,5	270,0	278,5	285,0		660,0	0,855	564,300

OPEN 90 + OPEN 100

ID	NAME	CTR	SEX	AGE CAT.	BODY WEIGHT	BWEIGT CAT.	HR	SQUAT				HR	BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	RESHEL	RESHEL POINTS
								1	2	3	4		1	2	3	4		1	2	3	4			
14	HORÁK Viktor	CZE	M	OPEN	86,9 kg	90,0	14/I	310,0	330,0	330,0		3	200,0	200,0	230,0		510,0	250,0	270,0	282,5		780,0	0,992	773,760
27	HURDÁLEK Martin	CZE	M	OPEN	95,3 kg	100,0	16/O	290,0	310,0	310,0		3	170,0	190,0	190,0		480,0	210,0	222,5			702,5	0,935	656,838
29	KRATOCHVÍL Jaromír	CZE	M	OPEN	100,0 kg	100,0	16/O	360,0	380,0	392,5		3	220,0	230,0	235,0		627,5	260,0	272,5	282,5		900,0	0,915	823,500
30	HAČKULIČ Jiří	CZE	M	OPEN	99,1 kg	100,0	16/I	300,0	325,0	330,0		4	205,0	220,0	220,0		535,0	270,0	290,0	290,0		825,0	0,919	758,175
31	MARŠÁLEK Roman	CZE	M	OPEN	88,4 kg	90,0	16/O	250,0	270,0	290,0		4	240,0	250,0	260,0		520,0	250,0	265,0	275,0		795,0	0,981	779,895
32	SYNEK David	CZE	M	OPEN	97,6 kg	100,0	17/I	215,0	225,0	235,0		4	120,0	130,0	130,0		365,0	150,0	160,0	175,0		540,0	0,925	499,500
33	URBAN Roman	CZE	M	OPEN	93,0 kg	100,0	18/O	200,0	220,0	232,5		4	140,0	150,0	155,0		382,5	200,0	222,5	230,0		612,5	0,948	580,650
34	ŠRUC Jaromír	CZE	M	OPEN	94,5 kg	100,0	17/I	270,0	290,0	310,0		4	180,0	190,0	190,0		470,0	230,0	245,0	252,5		722,5	0,939	678,428
53	MUŽNÝ Martin	CZE	M	OPEN	98,7 kg	100,0	19/I	190,0	200,0	215,0		5	135,0	135,0	140,0		355,0	190,0	225,0	235,0		590,0	0,921	543,390



MČR POWERLIFTING 2009

11.4.2009 STARÉ KŘEČANY

OPEN 110 + OPEN 125 + OPEN 140+ + SUBMASTER 125 + SUBMASTER 140+

ID	NAME	CTR	SEX	AGE CAT.	BODY WEIGHT	BWEIGHT CAT.	HR	SQUAT				HR	BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL	RESHEL	RESHEL POINTS
								1	2	3	4		1	2	3	4		1	2	3	4			
38	HURDÁLEK Pavel	CZE	M	OPEN	106,5 kg	110,0	19/I	290,0	315,0	330,0		4	190,0	200,0	210,0		530,0	230,0	250,0	250,0		780,0	0,894	697,320
40	KOŠNAR Martin	CZE	M	OPEN	109,8 kg	110,0	17/I	400,0	430,0	450,0		5	290,0	290,0	300,0		750,0	300,0	310,0			1050,0	0,885	929,250
41	STEJSKAL Jiří	CZE	M	OPEN	106,5 kg	110,0	18/I	350,0	365,0	375,0		5	210,0	215,0	220,0		595,0	280,0	305,0	323,5		917,5	0,894	820,245
44	DVOŘÁK Dan	CZE	M	OPEN	110,1 kg	125,0	18/I	380,0	405,0	420,0		5	270,0	280,0	285,0		690,0	300,0	312,5	320,0		1002,5	0,885	887,213
45	KAAS Tomáš	CZE	M	OPEN	114,9 kg	125,0	19/O	250,0	280,0	310,0		5	200,0	215,0	215,0		480,0	240,0	260,0	280,0		760,0	0,873	663,480
46	MIGRA Stanislav	SVK	M	OPEN	115,0 kg	125,0	21/O	235,0	235,0	250,0		5	145,0	145,0	155,0		380,0	190,0	210,0	220,0		590,0	0,873	515,070
50	VAŠKO Martin	CZE	M	OPEN	140,4 kg	140,0+	21/I	280,0	300,0	310,0		5	155,0	170,0	175,0		485,0	230,0	245,0	255,0		740,0	0,84	621,600
54	ČÍŽEK Pavel	CZE	M	OPEN S/M	116,4 kg	125,0	21/O	220,0	240,0	250,0		5	180,0	190,0	200,0		440,0	220,0	235,0	245,0		685,0	0,87	595,950
58	KOLDOVSKÝ Karel	CZE	M	OPEN S/M	126,1 kg	140,0						4	210,0	225,0	225,0		210,0					210,0	0,857	179,970
60	GUTWEIS Jakub	CZE	M	OPEN	113,3 kg	125,0	21/O	230,0	250,0	260,0		4	180,0	195,0	200,0		460,0	220,0	235,0	240,0		700,0	0,876	613,200
61	GUTWEIS Jan	CZE	M	OPEN	107,3 kg	110,0						4	180,0	190,0	200,0		190,0					190,0	0,892	169,480
71	MURTOMAKI Jani	FIN	M	OPEN	148,2 kg	140,0+						5	370,0	402,5	402,5		370,0					370,0	0,832	307,840